

PEOPLE (ADULTS & HEALTH) SCRUTINY PANEL

14th April 2016

DIRECTOR OF PUBLIC HEALTH ANNUAL REPORT 2015

Strategic Aim:	Meeting the health and wellbeing needs of the community		
Exempt Information	No		
Cabinet Member(s) Responsible:	Mr R Clifton, Portfolio Holder for Health and Adult Social Care		
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Ward Councillors			

DECISION RECOMMENDATIONS

That the Panel: ...

1. Notes the Director of Public Health's Annual Report.
2. Endorses the recommendations in the report.

1 PURPOSE OF THE REPORT

- 1.1 To provide an overview on the health of the population of Rutland, which will also provide intelligence for future service and community planning.

2 BACKGROUND

- 2.1 The Director of Public Health's (DPH) Annual Report is a statutory independent report on the health of the population of Rutland.
- 2.2 The focus of this year's report is on the role that social and community networks have in improving the overall health and wellbeing of the population of Rutland. Social and community networks include our family, friends and the wider social circles around us and they have a significant protective factor in terms of our health.

- 2.3 The report uses a family of community centred approaches¹ as a framework and explores the role that communities (both place-based and where people share a common identity or affinity) can have in improving the health and wellbeing of individuals, communities and populations. By doing this it is possible to identify the ways that communities can work together to address the factors that will cause people's health and wellbeing to deteriorate. Local case studies are used to illustrate how some of these approaches are already in place in Rutland and areas where this can be further developed.
- 2.4 A number of local case studies have been used to illustrate how some of these community approaches are already being used in Rutland and form a basis on which to build.
- 2.5 The report clearly outlines the links to the Adult Social Care Strategy, People First Review, Better Care Together and fits well with the intentions described within the Adult Social Care Market Position Statement.

3 CONCLUSION AND SUMMARY

- 3.1 The report describes the changing demography across Rutland over the next 25 years and in this context the role that communities have in supporting health and wellbeing will become increasingly important over the next few years.

4 BACKGROUND PAPERS

- 4.1 A guide to community centred approaches for health and wellbeing – Public Health England & NHS England

5 APPENDICES

- 5.1 None

A Large Print or Braille Version of this Report is available upon request – Contact 01572 722577. (18pt)

¹ Public Health England & NHS England. *A guide to community-centred approaches for health and wellbeing*. 48 (2014). at <<https://www.gov.uk/government/publications/health-and-wellbeing-a-guide-to-community-centred-approaches>>